



## Self-Directed Learning Readiness among Students from the Faculty of Humanities at Lamphun Buddhist College Mahachulalongkornrajavidyalaya University

Jantanee Kanto,

Wiphapond Surintnam and Nassha Kuratarug

This study was a quantitative research. The data for this study was obtained through questionnaire responses among students from the faculty of Humanities at Lamphun Buddhist College Mahachulalongkornrajavidyalaya University. Questionnaires were adapted from Self-Directed Learning Readiness Scale (SDLRS) of Lucy M. Guglielmino's (1977) to measure the complex of attitudes, abilities and characteristics which comprise readiness to engage in self-directed learning. Data was analyzed by statistical program, SPSS. The result of the study showed that the level of self-directed learning readiness of students was in average level. It is hoped that the results of this study will provide more knowledge and better understanding of the concept of Self-Directed Learning (SDL), leading to future effective curriculum of promoting English language proficiency among ESL Thai learners. Moreover, this study will help teachers to arrange appropriate lesson plans and teaching methodology.

**Keywords:** self-directed learning, SDL, SDLRS